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# KING DOM

WITHOUT  
WALLS



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## Submission vs Suppression

*Date*

**Saturday**  
09th Mar  
2019

*Time*

**5.30pm -**  
9.00pm  
(Prompt)

*Venue*

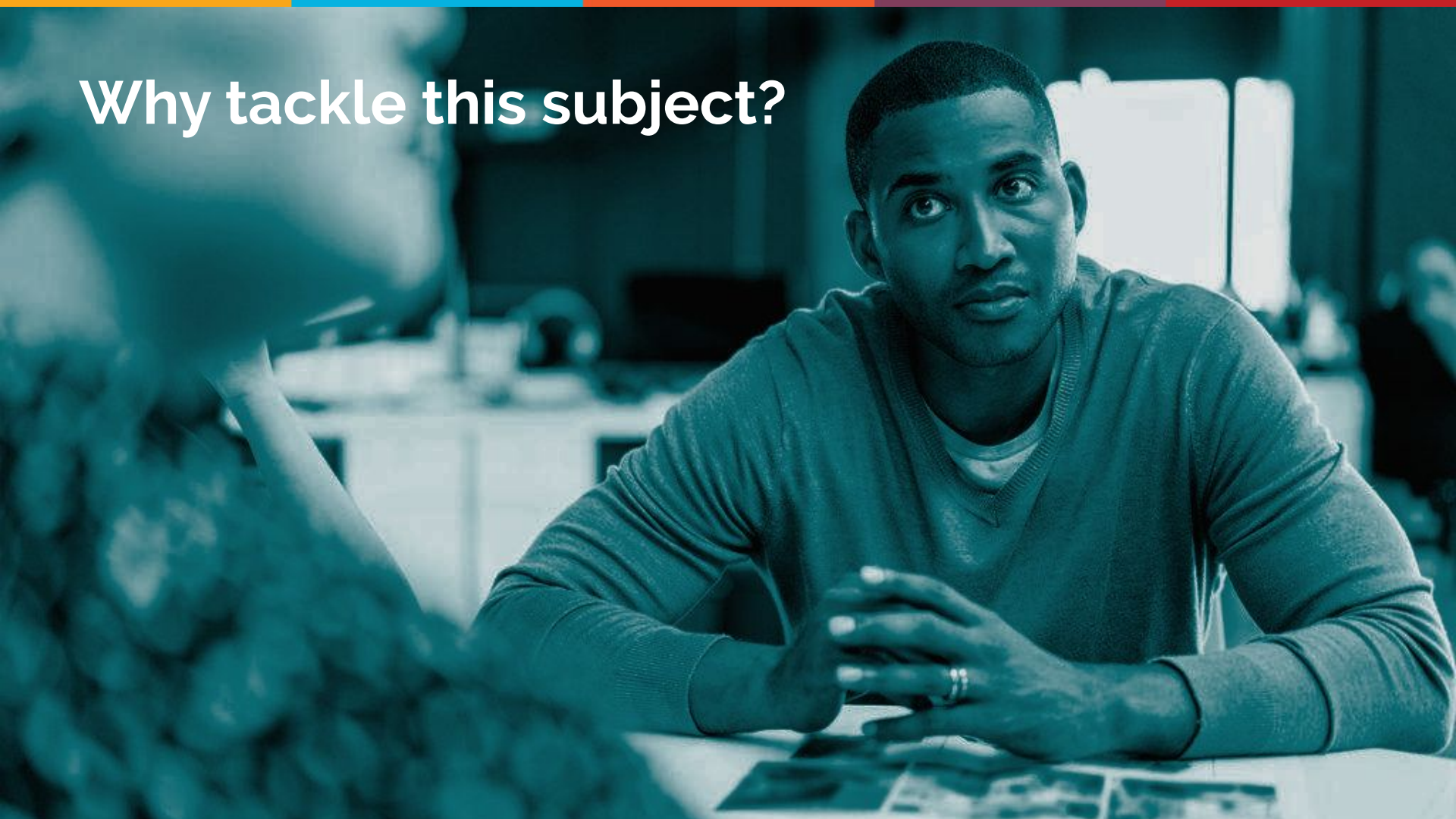
**Haggerston** Community  
Centre, 8 Lovelace Street,  
London, E8 4FF



**Speaker**


Frederick

Why tackle this subject?



# Why tackle this subject?

## submission


/səbˈmɪʃ(ə)n/ 

*noun*

1. the action of accepting or yielding to a superior force or to the will or authority of another person.  
"they were forced into submission"  
*synonyms:* yielding, capitulation, agreement, acceptance, consent, accession, compliance  
"an instinctive submission to authority"

# Why tackle this subject?

## suppression

/səˈpreʃ(ə)n/ 

*noun*

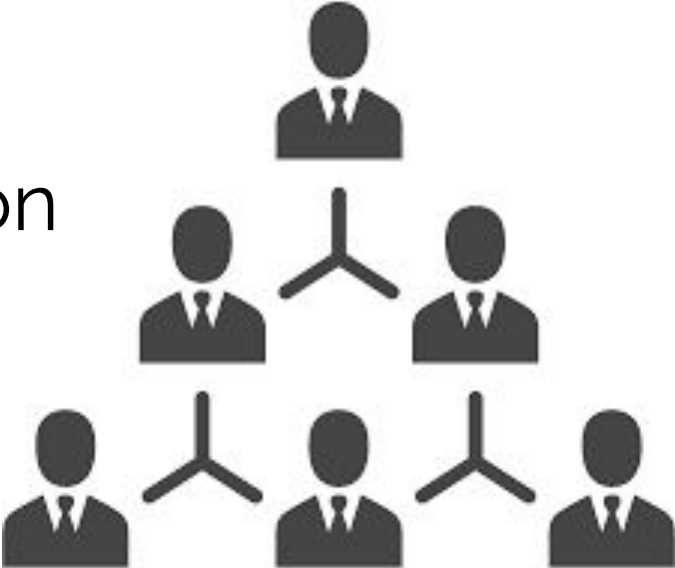
the action of suppressing something such as an activity or publication.

"the heavy-handed suppression of political dissent"

*synonyms:* subduing, **defeat**, conquering, vanquishing, repression, crushing, quelling, quashing, squashing, stamping out, **crackdown**, **clampdown**, cowing, prevention, extinction; [More](#)

# Why tackle this subject?

Submission



Suppression



**Submission | Suppression**

**Which do we experience the most?**





**Cameron exits before brexit...**





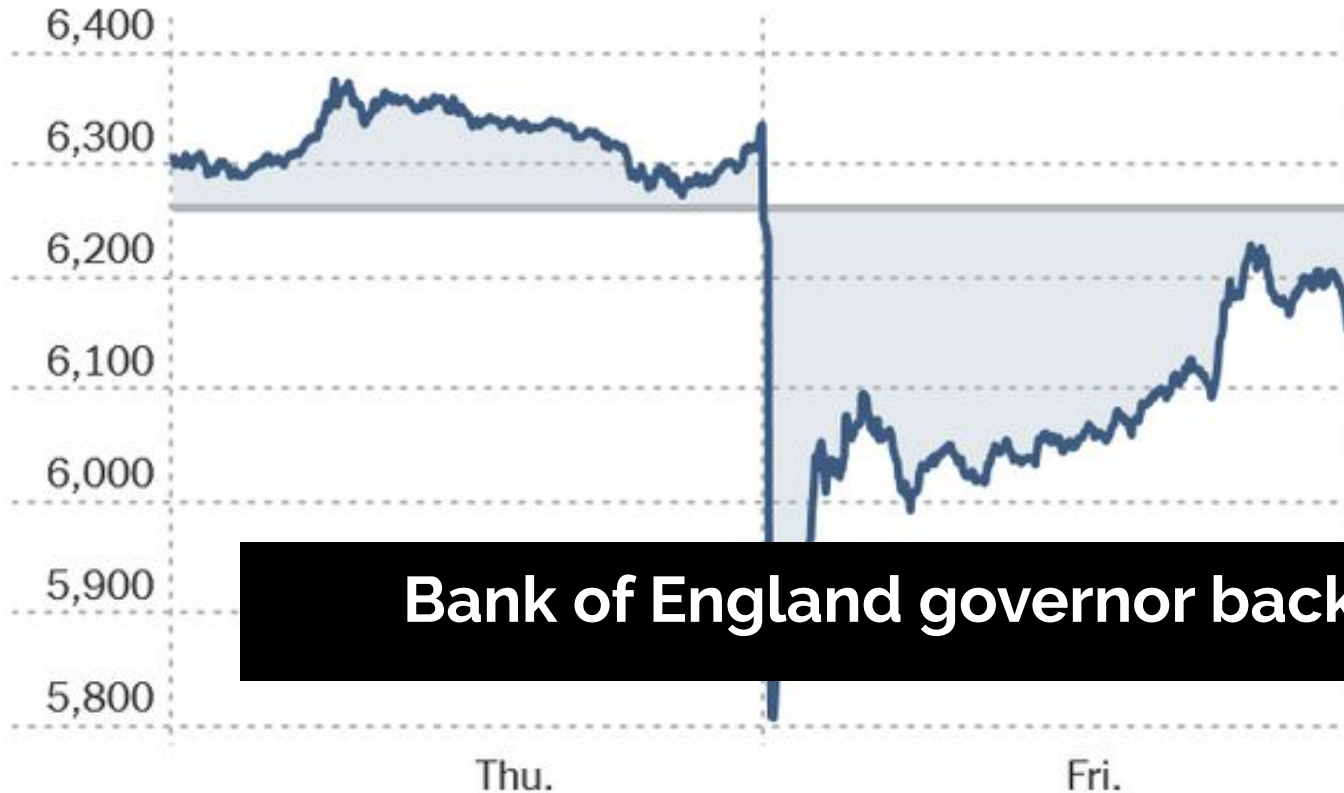
**Teresa wobbles through brexit...**



**MPs declare independence from brexit...**

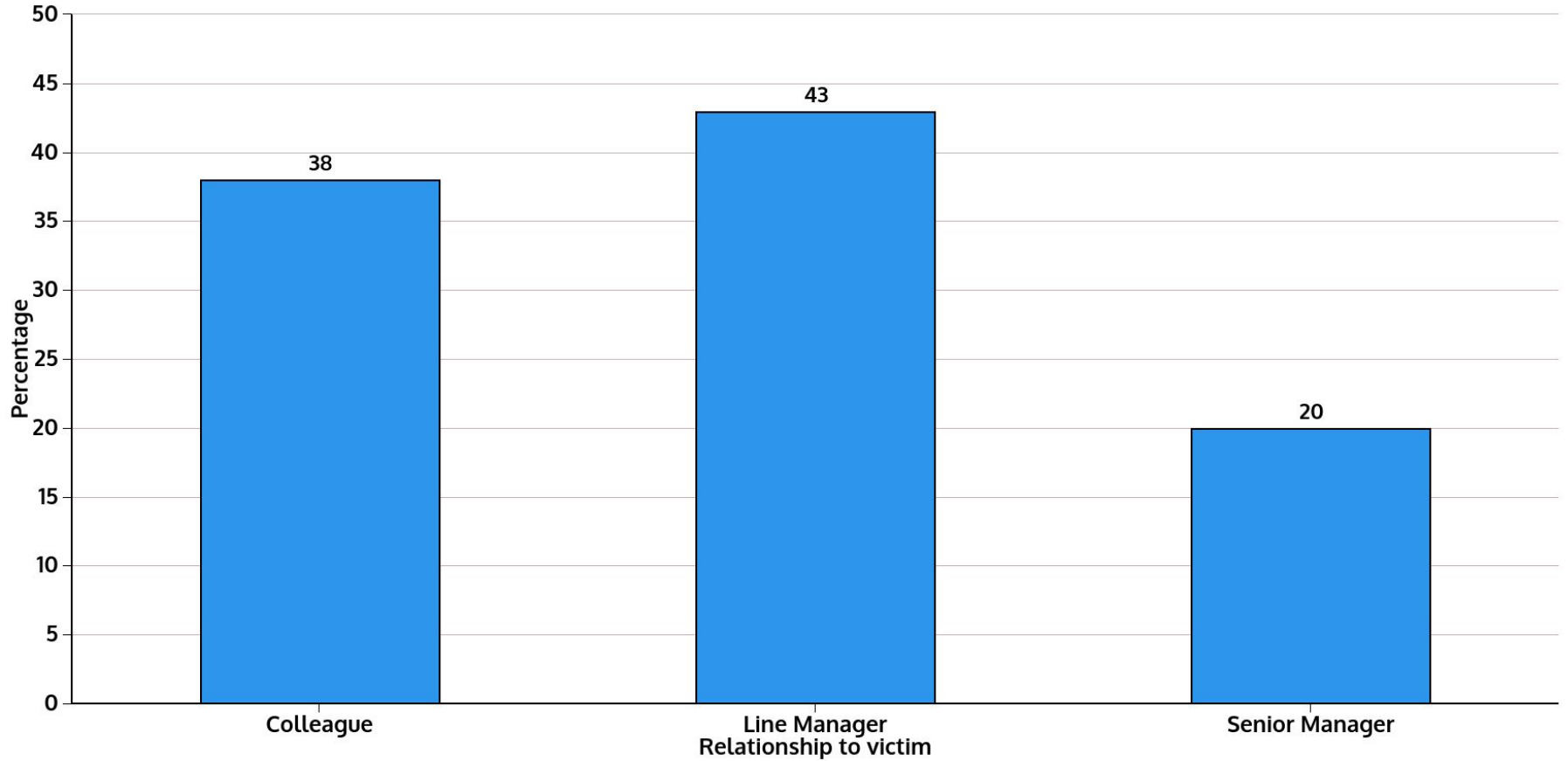
# FTSE 100 Index

At market close 06/24/2016



**Bank of England governor backtracks on brexit...**

## Where does bullying in the workplace come from?



Data Source: CIPD



**Racism, sexism and bullying reported at Oxfam...**



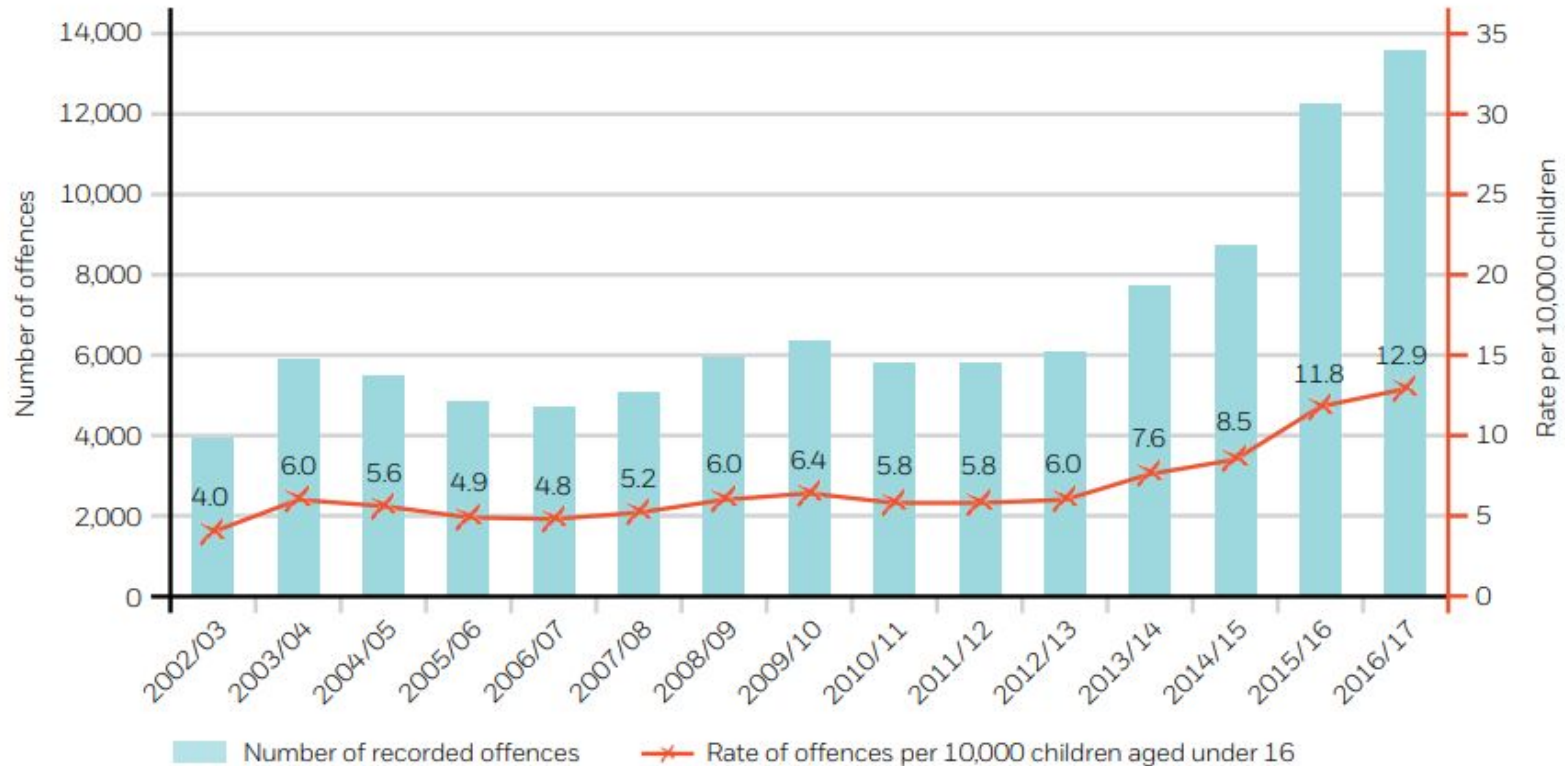
**School turns blind eye to teacher student affair...**



**Rotherham child abuse.**

## England

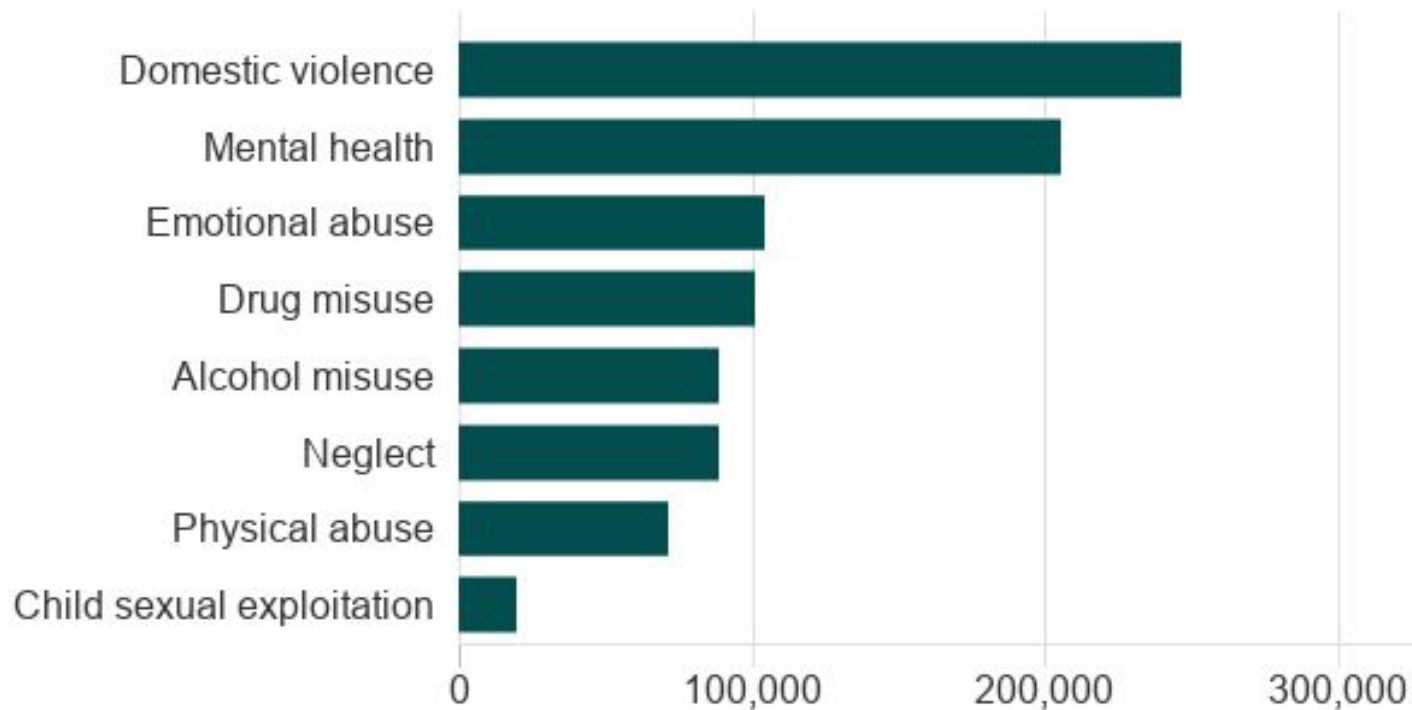
### Recorded cruelty and neglect against children under 16





# Why do children end up in need?

Common factors identified in assessments, 2017-18, England



Source: Department for Education



# Domestic abuse bill: New legislation does not go far enough to tackle problem, campaigners say

'It is not enough. The government must deliver the resources needed as well as legislation to make a real difference to survivors' lives,' says campaigner

- Each year nearly 2 million people in the UK suffer some form of domestic abuse.
- 1.3 million female victims (8.2% of the population)
- 600,000 male victims (4%)



**Nuff said!.**



**Church pays pastors tax debt.**

Tommy Robinson  
banned from  
Facebook and  
Instagram



**Legal and technological censorship.**



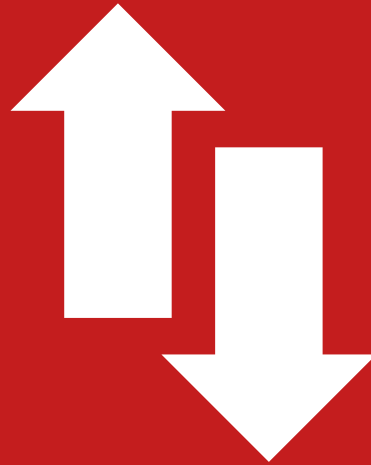
**Street preacher arrested and removed from Southgate station.**

# What is the root cause of the problem?



Transactional

What can I **GET**?

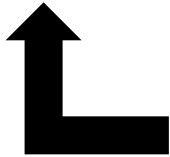


What can I **GIVE**?

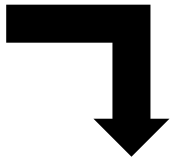
Relational

# Understanding authority & rank

Submission

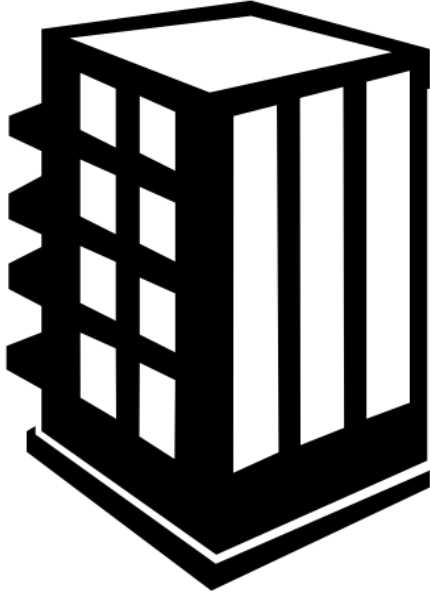


Suppression





# Understanding authority & rank



# Understanding rank & authority

## Characteristics of an authority

Authorities comprise of the following characteristics:



1. Power of **WILL**.



2. A **RESIDENCY**



3. A **DYNASTY**

# Understanding rank & authority

## Types of authority / rank

For the most part there are three levels of offices which authorities can hold in society.

### 1. Family authorities

- Parents & Grandparents
- Uncles and Aunties

### 2. Local authorities

- Elders & Deacons
- Head/Teachers
- Police Officers
- Civil Servants

### 3. Governmental authorities

- Judges, Lords
- Members of Parliament

### 4. National authorities

- Monarchies
- Presidents
- Prime Ministers

# Understanding rank & authority

## Characteristics of an authority

Authorities have the capacity and capability to rule by their spirit, soul or body.



# Understanding rank & authority

Authorities also choose the level of empowerment and decision making cascaded through ranks.

- Autocratic: Decisions based upon the absolute power of an individual.
- Meritocratic: Decisions based upon talent, effort and achievement.
- Democratic: Decisions based upon the agreement of the many.

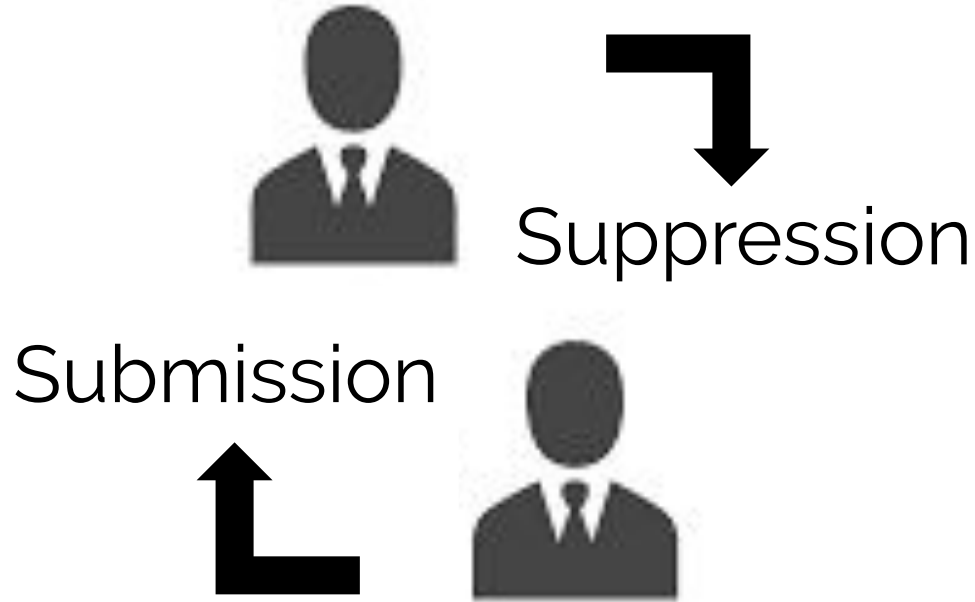
# Understanding rank & authority

LOGIC / RATIONAL	X		
SENSE / INTUITION		X	X
PHYSICAL FORCE	X		
	AUTOCRATIC	MERITOCRATIC	DEMOCRATIC

# Understanding rank & authority scenarios

LOGIC/RATIONAL			
SENSE/INTUITION		☺	
PHYSICAL FORCE			
	AUTOCRATIC	MERITOCRATIC	DEMOCRATIC

# Managing toxic relationships





# Managing toxic relationships

At home:

- Passive aggressive behaviour. What's wrong? Nothing, silent treatment.
- Volatility (Highs and lows)
- Undermining the spouse.
- Walking on eggshells. Worried about every action you take.
- Have to ask for permission for everything.
- Constant exhaustion everytime you relate.
- Isolation from family and friends.

# Managing toxic relationships

At work:

- Authority does not create or support mechanisms for getting input into the strategic direction of the organisation.
- Authority resists being questioned on strategic decisions.
- Authority does not regularly take stock of staff well being.
- Authority does not delegate decision making powers.
- Authority micro manages your tasks.
- Authority deprioritized lessons learned (*cares less about your view of the work*).
- Authority requests you to do things outside of your given time and role.
- Authority show preference to team members who are YES men.
- Authority does not support second tear of leadership.
- Authority doesn't like constructive criticism.
- Authority does not want to be questioned publically even though they ask for feedback.
- Authority wants minimum disruption.

# Managing toxic relationships

Don't throw the baby out with the bathwater. It is important when dealing with a toxic relationship to identify the difference between the person and the office they hold.



# Managing toxic relationships: Scenario 1

## At work

You have been working for Highflyers Ltd for over two years. A new manager has joined and the team already feel the impact.



One day you notice that your colleague isn't very happy. He tells you that the new manager has been making inappropriate sexual remarks.

Finally yesterday she squeezed past him and inappropriately touched him. He doesn't know what to do as he doesn't want to lose his job.

How would you go about helping him?

# Managing toxic relationships: Scenario 2

## At church

You are a deacon within the church and you have been working closely with the Pastoral team for many years.



The church is pastored by a husband and wife team.

One evening you hear an argument between the husband and wife. It is very heated and the husband leaves the office and tells you he is going home.

After he leaves you enter the office to see his wife sitting in tears. One side of her face is red and she confides in you that there has been domestic abuse in the home for many years.

What do you do?

# Managing toxic relationships: Scenario 3

## With the family

You have just married your childhood sweetheart. You have known the family for years and love attending the bi monthly family gatherings.



On one occasion you happen to see some unusual behaviour from an uncle with a nephew. He is the life and soul of the party and so you're surprised when you see him touch his nephew inappropriately.

You raise this with your wife who disregards it and states; *"Everyone knows uncle can be creepy sometimes"*

What do you do?

# Managing toxic relationships: Scenario 4

## At home

You love your father but of late he has become insular and doesn't talk much with you or your mother.



One evening you arrive home to hear from your mother that they have argued your father has thrown your mother to the floor. You get angry, but your mother says;

*"This is the first time it has happened and it will never happen again. Your father is under a lot of stress from work and it will resolve itself in the wash"*

What do you do?

# Managing toxic relationships: Scenario 5

## On the street

You are on your way home from work on the tube. A young man is sitting opposite you with his hood over his head.



A police officer gets on the tube and immediately approaches the young man asking for his details. The young man resists saying he is on his way home and doesn't understand why he is being picked on.

The police officer tells the young man if he doesn't answer the questions he will arrest him.

What do you do?



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# THE HUB HACKNEY

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**DATE**  
Every sunday

*Worship, witnessing  
& working together*

**TIME**  
11-1pm (GMT)

**VENUE**  
[www.restorecitizenship.net](http://www.restorecitizenship.net)  
@ Hub Talks

RESTORE CITIZENSHIP.org

